

## Working Cyclist Workshop New York City 2019

Week 1:

### What do you need (gear + bike)

- Bike
- Bag
- Phone + Charger
- ID
- Tools
- Lock + Keys
- Weather Gear
- Other: Tape Measure/Plastic Bag/Pencil/Pen/Map/Extra Straps/Bungee Cord

### What kind of Bike is best for You?

Road Bike/Mountain Bike/Single Speed Fixed Gear  
Electric Bike/Cargo Bike

### Which Bag?

Sling Bag/Backpack

### Safety Equipment

Helmet/Shoes/Gloves/Eye Protection

### Bike Security

Ulock/Chain Lock/Wheel Lock/Seat lock/Other

### Basic Bike Maintenance

Fix a flat/seat/handlebars/crank arm

### Phone

Protective case/portable charger  
charging cable/sandwich bag